

Overcoming Buffaloes at Work & In Life

ACT NOW!
Register TODAY and
save Ksh 3,100!

What You Need to Increase Productivity, Overcome Setbacks and Stay Motivated Without Leaving Life Behind

WHEN: Thursday, June 17th 8:30 AM – 4:00 PM

WHERE: Fairview Hotel | Bishop Road | Nairobi, Kenya

SPEAKERS: Dr. Vincent Muli Kituku, author and international motivational speaker, & Associates

To succeed in today's workplace and in your personal life, you need more than goals, smarts or top technological tools. You must be passionate, highly motivated, and focused in every aspect of what you do. The competitive nature of the business world dictates that people must produce results in a fast changing marketplace for them and/or their organization to remain relevant. Individuals and their organizations have to be proactive in order to focus on measurable performance and eradicate frustration, stress and crisis.

The goal is to not just get by, but get ahead, every time reaching for new heights that bring you new energy, determination and resolve to be the best you can be professionally and personally. You need continual access to the knowledge and power that enables you to deliver outstanding goods and services that keep customers coming back at all times.

ACT NOW! SAVE KSH 3,100/PERSON IF YOU REGISTER BEFORE APRIL 29TH

- **Kshs. 11,900/person BEFORE April 29th**
- **Kshs. 15,000/person AFTER April 29th**

- **Kshs. 10,500/person for members of Toastmasters International or non-profit organization workers and register BEFORE April 29th. Thereafter, Ksh. 13,500**

- **Kshs. 10,900/person in groups of 5 or more BEFORE April 29th**

To Register:

- Pay by credit card at www.kituku.com **OR**
- Make a cheque payable to Vincent Muli Kituku and deposit it in account number 200-0023381, Housing Finance Corporation of Kenya (HFCK), Rehani House Branch, Nairobi. Please email your name, address, phone number and the bank's deposit receipt number to wanza@kituku.com. Bring the receipt with you on the first day of the seminar.
- Registration includes: buffet lunch, morning and afternoon refreshments and seminar workbook. The free resources are sponsored by Kituku & Associates to equip Kenyan professionals with the tools they need to achieve success and move forward without losing their relationships.

Cancellation terms: You can transfer your registration to future workshops. A \$3,500 administrative fee will be subtracted from your registration amount if cancellation occurs 30 days before the seminar. There is no refund if cancellation occurs within 14 days before the seminar.)

**Group Discount Available
Act before April 29th!**

What you will learn:

- 9 actions that make failing a non-option
- How to overcome unforeseen challenges
- The 7 must have 'Spears to Overcome Buffaloes' at work and in life
- Vital strategies for balancing work/life and strengthening your relationships
- How to rediscover resources for success that you already possess
- What assets to possess and develop as a maximum team player
- Outrageously available resources you can use for your success
- How to turn ordinary actions into extraordinary results at work and in life
- 9 proven ways on how to turn setbacks into opportunities for a better future
- How to be part of something bigger than a career or position or a title
- Easy to do activities that will create a legacy that outlives you

Bonus:

- All attendees will receive Dr. Kituku's top selling inspirational poster of the ***Top 45 Must Know Life Lessons for Top Achievers***

WHAT OTHERS ARE SAYING . . .

*"Dear Dr. Kituku, The Bronco coaching staff would like to take this opportunity to thank you for coming to talk to our team. **The lessons that you spoke of are priceless** when it comes to building a championship team. As veterans in this business we know that championships are not won by athletic ability and schemes alone, having the correct state of mind is what separates individuals from the crowd; we feel **you have helped us with that edge...**"*

—Chris Petersen, Head Football Coach, Boise State University

*"Our group was **moved by your powerful and encouraging message** in a 'more-than-you-will-ever-know' sort of timing! Your motivational style is very unique, pointing each of us to look inwardly and in conjunction with each other as a team."*

— R. Scott Johnson, Program Manager, BLD Printer Lab, Hewlett-Packard

*"Dear Vincent, I wanted to personally thank you for your outstanding Keynote Address during the Pacific Coast Gas Association Event...I was **exceptionally pleased** with your efforts to **customize your address to the needs of our audience** by way of your telephone interviews with several of the attendees...Your singularly distinctive efforts brought great credit upon yourself and the Pacific Coast Gas Association."*

— Michael P. McGrath, Director, Market Services & Regulatory Affairs,
Intermountain Gas Company

ABOUT DR. KITUKU



Dr. Vincent Muli Kituku, CSP works with organizations and individuals who want to increase their productivity and stay focused, motivated and move forward without leaving life behind. Dr. Kituku has been described as a research-based motivational speaker/trainer whose storytelling skills have won awards for both spoken and written words. He is one of the less than 600 speakers to earn the coveted Certified Speaking Professional (CSP) recognition, the highest designation presented by the International Federation of Professional Speakers.

The impact of Dr. Kituku's memorable speeches and workshops has propelled him into a league of his own. He has given presentations to Fortune 500 Companies, Workforce Development Agencies and Chambers of Commerce, Realtors, and National and International associations. He has been the motivational speaker for the successful Boise State University Football Team since 1998—the alumni of BSU selected him the 2003 Homecoming Grand Marshal.

A scientific researcher and experienced workplace professional, Dr. Kituku, a native of Kenya, Africa, draws on his rich cultural heritage and his in-depth experience in corporate world to help others apply the strategies of personal and professional success to their lives. Vincent offers individuals and organizations the necessary spears to overcome and thrive beyond their buffaloes. Dr. Kituku received his Bachelor of Science degree from the University of Nairobi and both his Masters and Doctorate from the University of Wyoming. He has worked extensively with both government and private sectors.

What, however, is unlevelled is Vincent's story of triumph over adversities. He refused to be held back or live a life that is defined by the deaths of five siblings, chronic malaria and stomach illnesses, being forced to spend six years in three grades or growing up in a dysfunctional family. With his signature positive altitude (blessed man), big dreams and hard work, Vincent knew he would be somebody someday. These losses and setbacks made Dr. Kituku believe that each individual has the potential to soar to new heights if only they knew how.

Dr. Kituku is a widely read influential writer in business, inspiration and education. Using his exuberant, concise and riveting style, Vincent has created CDs, books and articles of substance that are eminently readable, with authentic clarity and relevancy. He is an inspirational, family and professional expert whose columns appear internationally in numerous daily, weekly and monthly publications of both traditional and electronic venues. Dr. Kituku hosted "Buffaloes in Our Lives," a weekly radio program that was aired in the Northwest area on KBOI 670 AM. He is chief editor of the "Buffaloes in Our Lives" newsletter.